

Frequently Asked Questions

ABOUT US:

West Sac Soccer Club (WSSC) is a local non-profit youth recreational soccer club. We (<u>www.westsacsoccer.org</u>) are one of 15 clubs affiliated with the Sacramento Youth Soccer League (SYSL) (<u>www.sysl.com</u>) in District VI (<u>www.d6soccer.org</u>) of Cal North Soccer (<u>www.calnorth.org</u>) and NorCal Soccer.

WHEN DOES THE LEAGUE START?

The registration process typically starts in early April & continues through May 31st. Typically late registration is not accepted due to the number of kids who do register.

Teams are formed in June/July, and during this time we are reviewing registrations, creating and approving rosters. After that coaches will reach out to you to start practices beginning in August. Please give coaches till August 15th to hear from a coach before reaching out to us at <u>wsscscores@gmail.com</u>.

Games will start in early September (usually the Saturday after Labor Day), schedules will come out that week, typically by that Wednesday evening. All home games are played on Saturdays at Bryte Park, and game times can range from approximately 8:00am to 4:00pm.

HOW OLD DOES MY CHILD HAVE TO BE & IN WHAT AGE GROUP?

Please note that per Cal North Soccer and the United States Soccer Federation, the age matrix has changed effective January 1, 2016.

Children MUST be at least 4 years old and NOT OLDER than 18 years old by **December 31st** of the registering year. Division placement is based off birth year and NOT birthdate. Please see the matrix below to see which age bracket your child will be playing.

Age groups U5-U19 are combined into two-year groupings. For example, U7 & U8 are combined and referred to as U8.

BIRTH YEAR	AGE GROUP
2020	U5
2019	U6
2018	U7
2017	U8
2016	U9
2015	U10
2014	U11
2013	U12
2012	U13
2011	U14
2010	U15
2009	U16
2008	U17
2007	U18
2006	U19

WHAT DO I NEED TO REGISTER?

New players:

- 1. A COPY OF A CERTIFIED BIRTH CERTIFICATE: must be issued by a government agency.
 - a. NOTE: Original Birth Certificates or Birth Certificates issued by a hospital **WILL NOT** be accepted.
- 2. **PHOTO:** approximately the size of a driver license photo.
 - a. NOTE: The photo must be of their entire face and they must not be wearing sunglasses or hats. No other person(s) should be in the photo.
- 3. APPLICATION AND FEES (All registration will be done online): Registration application and registration fee of \$150 (Rec)/\$275 (CCSL). Prices are subject to change, please see our website for the most up to date fees.

HOW DO I REGISTER MY CHILD?

All registration will be done online. Please see our website <u>www.westsacsoccer.org</u> or the tab below for more details regarding online registration.

HOW DO I REGISTER MY CHILD ONLINE?

To register online, please go to our website (westsacsoccer.org), click the Registration tab, then follow the instruction and use the link provided to complete the registration process. You will need to create a new account, if you don't have one already, insert the necessary information, as well as attach supporting documents like a copy of the Certified Birth Certificate and a photo, as well as pay the registration fee.

HOW MUCH IS THE REGISTRATION FEE?

Please see our website for the most up to date fees (typically on the Registration tab). All payments will be done online. If this is not feasible for you please contact the league to make arrangements.

WHAT DO I GET FOR THE REGISTRATION FEE?

Each player receives: a complete uniform (shirt / shorts / socks), which is yours to keep after the season; a picture packet which includes one team photo and one individual photo; and a trophy or other award which is determined that season by the board. This also covers insurance, administration, and other fees required to be paid by the Club. CCSL teams may be different, coaches will review with you.

WHEN & WHERE ARE THEY GAMES GOING TO BE? HOW LONG IS THE SEASON?

WSSC home field is Bryte Park. Away games will be played in the surrounding Sacramento area. All age groups typically play 3-5 home and 3-5 away games varying in location, this varies based upon number of teams in each division. The season can be 8-10 weeks long which includes a one-week break around midseason.

WHEN AND WHERE ARE PRACTICES?

Practices depend on the coaches. Please keep in mind that ALL of our coaches are volunteers, therefore they schedule practices based on their availability. Practices can be held at any <u>city</u> park, not including parks apart of a local public school. Typically, practices are Monday-Thursday and range from 1 - 2 hours.

WHAT IF MY CHILD DECIDES NOT TO PLAY?

To get a refund, please refer to our refund policy located on our website at <u>www.westsacsoccer.org</u>, under Club Information.

WHAT OTHER EQUIPMENT WILL MY CHILD NEED?

Having the necessary equipment is extremely important to your child's success in the game and their overall safety. (Uniform (jersey, shorts, socks) are provided by the Club).

- Shin guards are **MANDATORY**. No shin guards = no participation.
- Soccer cleats. Baseball, softball, and football cleats are NOT acceptable and your child will not be able to participate using these.
- A personal soccer balls is not required, but it helps both the child and coach. Coaches receive balls for practices from the league, but not enough for each individual player to have their own. If you plan to purchase a ball, please see the chart below for correct size.

Soccer Ball	Circumference	Age	Group
Size 5	27 to 28 Inches	12+	U12 – U18 – Pro
Size 4	25 to 26 Inches	8-11	U8 – U12
Size 3	23 to 24 Inches	5-8	U5 – U8
Size 2	20 to 22 Inches	3-5	U4
Size 1	18 to 20 Inches	Any	Any

HOW MANY PLAYERS ARE ON A FIELD OF PLAY?

Effective starting the 2016-17 season, Cal North Soccer has changed the game size and maximum player on a field for all age groups. See the chart below. **NOTE: All other age groups NOT listed remain the same.** The U-6 through U-8 may vary slightly depending on the roster size, the coaches will be notified of any modifications.

AGE GROUP	U-6	U-7	U-8	U-9	U-10	U-11	U-12	U-13
NUMBER OF PLAYERS	4v4	4v4	4v4	7v7	7v7	9v9	9v9	11v11

HOW LONG IS ONE GAME?

The duration of a match depends on the age group of the teams participating. Please see the chart below for updated match lengths for all age groups.

Age Group	Game Length	Overtime Periods
6U – 8U	4 – 10 minute quarters	None
10U	Two 25 minute halves	None
12U	Two 30 minute halves	Two 10 minute halves
14U	Two 35 minute halves	Two 10 minute halves
16U	Two 40 minute halves	Two 15 minute halves
19U	Two 45 minute halves	Two 15 minute halves

WHAT ARE THE NEW FIELD AND GOAL SIZES & WHAT IS A SMALL-SIDED GAME?

Effective starting the 2016-17 season, Cal North Soccer has changed the field sizes for age groups U-6 through U-13. Please see the chart below to see the appropriate field size per age group. **NOTE: All other age groups NOT listed remain the same.** According to the US Youth Soccer Organization:

"The benefits of Small-Sided Games for players include more fun, more touches on the ball and more tactical decisions. The style of play will allow players to learn different positions, learn tactics quicker, increase fitness and allow players to be more emotionally and socially involved — creating a more fun and enjoyable game."

Age	Game	Field Size Length Range (yards)	Field Size Width Range (yards)
112	4v4		
U6		25-35	15-25
U7	4v4	25-35	15-25
U8	4v4	25-35	15-25
U9	7v7	55-65	35-45
U10	7v7	55-65	35-45
U11	9v9	70-80	45-55
U12	9v9	70-80 45-55	

**Changes can be made to any of the provided information above, at any time, at the discretion of the board.